



**LOVE DOES
NOT EXIST**

**Do you dare to
see what lies
behind the most
lied-about word?**



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LOVE AS AN INSTINCTIVE CONSTRUCTION

Civilization has elevated “love” to a metaphysical absolute.

It is presented as a universal force that justifies human existence.

This book exposes the structural incoherence of that definition. Contrasting classical philosophy with modern biology, love emerges not as a singular entity but as an umbrella term masking reproductive imperatives, attachment mechanisms, and cultural conditioning.

The conclusion is precise: what we feel is not a mystical connection—it is a genetic program designed for species survival, not individual happiness.

Sample – Chapter 1: THE MYTH WITH A THOUSAND FACES

If a concept like love claims to describe a fundamental reality, its definition should be stable and universal. It is presented to us as one of the most important experiences in human life. However, there is no minimal consensus on what it is. Its definition not only varies but fragments into ideas that are mutually exclusive. This is not a matter of nuance. The Royal Spanish Academy defines it based on a “personal insufficiency,” a need to be completed by another being. At the same time, it describes it

as a feeling that “gives us energy to create.” Already here there is a problem: is it a manifestation of lack or of abundance?

Exploring historical thought: For Plato, it was an upward path toward beauty and truth, a force that lifts us above the physical. For Schopenhauer, it was a deception of nature, a mere biological instinct of the species to ensure its perpetuation, disguised as romance to manipulate the individual. These two visions cannot coexist. If one is true, the other is false. They describe two completely different phenomena to which, for convenience, the same name has been given.

The contradiction becomes even deeper over time. Erich Fromm defines

it as an act of will, a decision that requires discipline and maturity. At the other extreme, Romanticism exalted it as an uncontrollable passion, a force that sweeps the individual away, often toward tragedy. Again, the incompatibility is total: is it a conscious and deliberate choice, or is it an irrational force that dominates us?

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THE MYTH WITH A THOUSAND FACES

Contradictions reveal love's nonexistence.

THE MASK OF INSTINCT

Parental care is biology, not love.

A FUNCTION OF INTELLIGENCE

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THE WORD AS A TOOL OF CONTROL

Love as obedience in religion and politics.

THE REAL EXPERIENCE, THE FALSE INTERPRETATION

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THE FRONTIER OF WISDOM

The wise live beyond the myth of love.

THE EMPIRICAL FAILURE OF LOVE

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LOVE VERSUS EMPATHY: THE GREAT CONFUSION

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THE NOISY WORD AND THE SILENT ACTION

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THE PLANETARY MISTAKE

Humanity collapses without empathy's evolution.

Extras

Final Reflection

Projection to the Year 2050

Comparative Tables in Images

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version of this book in
PDF

The table below is one of the
10 to 15 included in the
complete book, offering
additional perspectives to view
the topics from other angles.

NOISE VS. SILENCE IN CULTURAL VALUES

Feature	Love	Empathy
Frequency in daily language	Extremely high	Very low
Media presence	Songs, movies, ads, politics, religion.	Rare, mainly in academic or training contexts.
Social function	Declarative virtue, easy to proclaim.	Practical virtue, must be exercised.
Falsifiability	Easy to fake.	Cannot be faked; revealed through actions.

LOVE VS. EMPATHY: FUNCTIONAL DIFFERENCES

Aspect	Love (Common Form)	Empathy
Scope	Selective, directed to one/few.	Universal, applies to all beings.
Motivation	Fulfills needs, desires, validation.	Understands others without personal gain.
Reciprocity	Expected, often demanded.	Not required.
Nature	Possessive, often controlling.	Liberating, respects autonomy.